

JOIN

SCHUMAN VOLUNTEERS

17 VOLUNTEERS FOR EUROPEAN VALUES
IN 8 DIFFERENT HOSTING ORGANIZATIONS

October 2022 - September 2023
Poland



**Become one of
17 Schuman volunteers
in 8 different hosting
organizations.**

**Volunteer between
October 2022 -
September 2023 in
Poland - Warsaw and
Wojkowice.**

**Activity is coordinated by the Polish
Robert Schuman Foundation.**

WWW.SCHUMANVOLUNTEERS.PL



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**Start your European journey with us
and become a volunteer in Poland
within European Solidarity Corps
programme.**

If you are interested in volunteering in
the field of special & integrative as well as
European & civic education both in
formal and non-formal curriculum, you
are in the right place!

Increase your intercultural experience,
improve personal and professional
competences, share your heart,
experience and knowledge with others!

**Discover, promote and share
European values with us.**



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Volunteer in 1 of 8 different hosting organizations:

- **3 public special kindergartens for children with disabilities:** Special Kindergarten 213, Special Kindergarten 393 and kindergarten for visually impaired children: Special Kindergarten 245 (Warsaw),
- **Public kindergarten:** Kindergarten 146 (Warsaw),
- **Association of Developing Children's Activity "Chance"** – an NGO focusing on providing best possible development, improving the educational conditions for children and raising the quality of work in early childhood education (Warsaw),
- **European Integration Club at the School Complex in Wojkowice** – non-formal European education for members of European Integration Club and school students (Wojkowice in the Silesian region),
- **Bilingual Primary School no 1** (Warsaw),
- **The Polish Robert Schuman Foundation** in Warsaw.

Each organization and volunteers' activities are described further on.

Who are we searching for?

Volunteers aged **between 18 and 30 years**, legally residing in one of the **participating and partner countries**. We seek a balance of varied ages, genders and nationalities amongst our volunteers. All candidates must be registered in the European Solidarity Corps database.

No specific knowledge, skills or experience is required as the necessary ones can be acquired during the project. We are not looking for experienced volunteers but those who would learn a lot during the service in a particular hosting organization and are strongly motivated. Will to learn Polish is welcomed.

Candidates with fewer opportunities are welcome to apply - those applications will be analysed with a priority. Please notify your situation in the application form.

According to the ESC programme rules, fewer opportunities include disabilities, health problems, barriers linked to education and training systems, cultural differences, social or economic barriers, barriers linked to discrimination, geographical barriers.



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How to apply?

We ask each candidate to **send us a filled APPLICATION FORM**. Candidates can add other documents/personal presentations/videos/photos/motivation letters to the application form, if they want, but please know that applications without our form will not be taken into consideration.

Please send applications to: volunteering@schuman.pl. In the title please write: APPLICATION 2022. We will contact the candidates with the best applications and arrange online interviews to get to know each other better.



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Common activities

To integrate all volunteers, **apart from the activities in particular hosting organization, common activities for all Schuman volunteers will be organized.** All Schuman volunteers will:

- **contribute to Schuman volunteers' social media channels;**
- participate in **weekly meetings**. Once a week all Schuman volunteers will spend the whole day together with the Schuman Foundation (online or face-to-face) to learn Polish, evaluate the last period of activities, prepare workshops/animations for each other, integrate. This will be a space for you and you will be welcome to propose common activities, share your interests and learn from each other;
- have an opportunity to write **blogs** dedicated to their experience in the form of articles, photographs, audio/video materials. If you secretly dream of becoming a published author – you are in luck! Posts are published on the Foundation's website and/or Facebook. You can find blogs of previous and current volunteers on the website www.schumanvolunteers.pl;
- actively take part in **celebrations of the Europe Day** organized by the Schuman Foundation;
- take part in **"internal on-arrival training"** organized by the Schuman Foundation. The first days followed by volunteers' arrival to Warsaw will be spent all together, not in a particular hosting organization. Schuman Foundation will prepare integration activities, trainings and will deal with some organizational matters.

Practical arrangements - what is provided



LANGUAGE COURSE



POCKET MONEY



FOOD ALLOWANCE



LOCAL TRANSPORT



ACCOMMODATION



INSURANCE



FUNDS FOR VISA
COSTS



YOUTHPASS
CERTIFICATE



SUPPORT OF A
MENTOR AND TUTOR



FUNDS FOR TRAVEL
COSTS



SUPPORT FOR
PEOPLE WITH
SPECIAL NEEDS



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pocket money

Each volunteer will get the amount of 4 € per day, so about 120€ (in Polish currency – Polish złoty) per month – in cash or by a bank transfer (if they open a bank account in Poland).

accommodation

The apartments will be rented for the entire time of volunteers' mobilities and are equipped with all necessary utilities. Volunteers are obliged to keep the flat clean. In Warsaw volunteers will live in 3 apartments, each will be shared by up to 6 volunteers. Often volunteers will also share a bedroom with another volunteer. Volunteers hosted at Wojkowice will live in Będzin, a town close to Wojkowice. It takes about 30 minutes to get from the flat to the school by bus. In Wojkowice 2 volunteers will share a flat, each will have their own bedroom. Living costs (cost of water, electricity, internet, etc.) will be covered by the Schuman Foundation, but volunteers will be obliged to sustainable use of the recourses.

visa and visa related costs

The Foundation & Supporting Organization will help you to obtain the visa (if needed) and register in Poland. The Schuman Foundation will reimburse the costs of visa after volunteers' arrival.

food allowance

Each volunteer will receive about 100 € for food per month (in PLN).

travel to & from mobility

Volunteers will be encouraged to choose **green ways of traveling**, for which additional financing is provided. The costs are covered up to limits of the European Commission based on the travel distance:

- For travel distances between 0 and 99KM: 23 EUR per participant.
- For travel distances between 100 and 499 KM: 180 EUR per participant (210 EUR in case of "green" travel).
- For travel distances between 500 and 1999 KM: 275 EUR per participant (320 EUR in case of "green" travel).
- For travel distances between 2000 and 2999 KM: 360 EUR per participant (410 EUR in case of "green" travel).
- For travel distances between 3000 and 3999 KM: 530 EUR per participant (610 EUR in case of "green" travel).
- For travel distances between 4000 and 7999 KM: 820 EUR per participant.
- For travel distances of 8000 KM and more: 1500 EUR per participant.

insurance

Volunteers from the EU are obliged to have European Health Insurance Card, if possible. If not, they are required to have a confirmation that they are not eligible to receive one. Volunteers will be also enrolled to an insurance plan at CIGNA insurance company, which is valid only if EHIC is not applicable.

local transport

Transport cards are provided – for volunteers in Warsaw a card for zone 1 is provided. The city has 2 zones of transport, however zone 1 includes all main districts of Warsaw. In Wojkowice the volunteers will receive a travel card for the whole Silesian agglomeration. Small cities like Będzin and Wojkowice are interconnected so when you go by bus you can hardly notice when one city ends and another begins.

medical tests

Volunteers hosted in kindergartens and bilingual school will have to undertake sanitary medical tests, as it is required by Polish law. The Schuman Foundation will cover their costs and assist in the process.



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HOSTING ORGANIZATIONS

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The Polish Robert Schuman Foundation

OID number: E10110527

Project duration: October 2022 – September 2023

We are searching for: 2 volunteers

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The Polish Robert Schuman Foundation

OID number: E10110527

Project duration: October 2022 – September 2023

We are searching for: 2 volunteers

The Polish Robert Schuman Foundation is a non-profit organization which focuses on strengthening the civil society, supporting active citizenship, promoting European integration and fostering European values. We use non-formal and interactive educational methods such as activities in public space, urban games, we organize cultural exchange projects and take part in European voluntary movement, organize conferences, seminars, debates and workshops. Our goal is to present Europe and the EU in a simple and clear manner for targeted recipients. We cooperate with many NGOs from the same field, public institutions and with European School Clubs from Poland and other countries. Our office is located in the centre of Warsaw.

The volunteers will:

- **visit schools and European School Clubs across Poland with presentations/ workshops** about Europe & EU, European values and cultural diversity, their countries, possibilities of mobilities in Europe and other topics of volunteers' interests connected with the mission of the project which they prepared themselves. They will be guided to create interactive and engaging activities, using non-formal methods of education;
- **manage Schuman Volunteers' profiles on Facebook and Instagram.** They will prepare the content, which consists of writing texts, taking photos, creating graphics and shooting short videos, as well as responding to messages and (in case of Instagram) creating an interactive experience for the audience via Instagram stories;
- **promote international volunteering & European Solidarity Corps by organizing an info point** and activities of their interest/choice (for example visit universities, prepare informative materials, podcasts, videos, etc.);
- **assist in current** Schuman Foundation's European & civic education **projects**;
- **have space to develop their own projects**/propose own activities connected with the mission of "Schuman Solidarity Crew" project.

European Integration Club at the School Complex in Wojkowice

OID number: E10159030

Project duration: October 2022 – July 2023

We are searching for: 2 volunteers



European Integration Club at the School Complex in Wojkowice

OID number: E10159030

Project duration: October 2022 – July 2023

We are searching for: 2 volunteers

European Integration Club is an informal union of high school students and teachers interested in the EU and other cultures. The priority of the EIC's activities is intercultural, European and civic education of youth. Within the EIC, workshops, school exchanges and debates on European topics are organized.

The Complex of Schools in Wojkowice provides an offer of general high school education with specializations in psychology, nature and firefighting, law and police force as well as professional education in the field of landscape architecture, aviation technician, geodesy. The students of the school come from Wojkowice as well as other nearby cities in the Silesian agglomeration.

The volunteers will support the club in its activities connected to European & intercultural education and organize non-formal language learning activities in English/their mother tongues for high-school students.



The volunteers will:

- **organize individual English/mother tongue conversations** with members of the European Club and high school students and help them improve their language skills and increase awareness about their countries, cultures and current EU topics which the conversations will be dedicated to;
- **prepare presentations/workshops about Europe & EU, European values and cultural diversity**, their countries, possibilities of mobilities in Europe and other topics of volunteers' interests connected with the mission of the project. They are guided to create interactive and engaging activities, using non-formal methods of education (with the assistance of their tutor) and conduct the workshops for members of the European Integration Club, students of the complex of school as well as for other schools and European School Clubs in the Silesian region;
- **promote international volunteering**, for example, during long breaks between lessons volunteers can organize activities in the hallway in school. They will have their own "volunteering corner", where they can organize activities for students;
- have the **possibility to assist youth workers** at local youth club for youth with difficult social backgrounds, cooperate with a local primary school and kindergarten;
- have the opportunity to take part in the school's social life and activities;
- have **space to develop own projects**/propose own activities connected with the mission of the project.

Association of Developing Children's Activity "Chance"

OID number: E10046342

Project duration: October 2022/January 2023 –
September 2023

We are searching for: 2 volunteers



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Association of Developing Children's Activity "Chance"

OID number: E10046342

Project duration: October 2022/January 2023 – September 2023

We are searching for: 2 volunteers

Association of Developing Children's Activity "Chance" is a non-governmental organization that carries out various activities mainly for the local community of Ochota district of Warsaw. Their mission is to "support the development of the child and family". "Chance" tries to inspire parents, teachers, organizations, institutions to create the best conditions for the comprehensive development of children, increase the educational conditions for children and raise the quality of work in early childhood education. It runs morning classes for kids aged 0-4 and afternoon/early evening classes for kids aged 3-9.

The Association is taking action on educational projects, prevention, educational and training programs for different target groups – children, youth, teachers, students, parents, volunteers. In this field, to encourage a strategic system change "Chance" cooperates with state and local authorities. Every year they organize all kinds of preventive-educational summer camps. Annually, they work with about 200 children.

The volunteers will:

- **support the trainers** in organizing everyday activities (workshops of cooking, English, music, motor-sensory etc.) – support in organization, conducting and enriching with volunteers' own ideas;
- **help to prepare materials** for workshops;
- **present the culture, traditions, cuisine of their country of origin** using non-formal learning methods;
- **participate in preparations of the annual events** for the local community of Ochota district (family picnics etc.);
- **contribute new ideas and prepare different activities** for all age groups and implement them later on (under guidance of tutors);
- **assist at the office of HO** (participate in meetings, document management, handling correspondence etc.).



Special Kindergarten 393

OID number: E10157282

Project duration: October 2022 – July 2023

We are searching for: 2-4 volunteers



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Special Kindergarten 393

OID number: E10157282

Project duration: October 2022 – July 2023

We are searching for: 2-4 volunteers

Special Kindergarten no 393 in Warsaw is a public educational institution for children with physical and intellectual disabilities (cerebral palsy, genetics definitive, down syndrome etc.). There are 30 children from 2,5 to 8 years old divided into 4 groups. Some children are able to walk and some are able to communicate verbally but some need help with all basic movements and operations. The pedagogical team is supported by specialists that lead different therapeutic activities like speech therapy, sensory integration, physiotherapy etc.

The volunteers' main task will be to:

- **participate in the classes and workshops** (group and individual activities with children in various age groups),
- **help the staff in everyday routine.** They will help in changing children's clothes, feeding the children or assisting them to eat their meals, going to the toilet. Each day is organized in systematic way, as it is required by children. Everyone starts the day with greetings and the whole day schedule is presented in interactive way using AAC methods (augmentative and alternative communication);
- **propose their own activities for the group.** There is a special kindergarten plan which educators must follow but there is also some space for volunteer's own creativity – they can adapt theatre plays instead of reading to children or exercising their artistic talents while preparing materials & scenery for kindergarten plays, seasonal holidays etc.;
- **suggest educational group activities and/or individual work process for one child,** all under supervision of an educator;
- **learn about different methods of working with children with various disabilities.** They will have a chance to see therapeutic meetings, learn about adapted computer programs and didactic tools. Through cooperate with specialists in everyday classes and therapies, they will be able to gain professional knowledge and insight into working methods;
- **assist in walks and trips outside of the kindergarten.** Most of the children are not able to move or walk, but of course some outdoor activities will be organized. For example walks in the park (with a help of wheelchairs), visiting the theatres, visiting neighbor kindergartens etc.

Special Kindergarten 213

OID number: E10013901

Project duration: October 2022 – July 2023

We are searching for: 2 volunteers



Special Kindergarten 213

OID number: E10013901

Project duration: October 2021 – July 2023

We are searching for: 2 volunteers

Special Kindergarten number 213 in Warsaw is a public educational institution for children and youth with physical and intellectual disabilities. There are 47 children and adolescents (from 3 to 25 years old) divided into 8 groups. All protégés are children with disabilities accompanied by other developmental disorders, e.g. autism, genetic diseases, behavioral disorders and physical disabilities. The pedagogical team is supported by specialists that lead different therapeutic activities like speech therapy, sensory integration, physiotherapy etc. The kindergarten works at different times – there are groups working only in the morning and groups working only in the afternoon.

The volunteers' main task will be to:

- **help in two different groups of children** – 1 group of children with autism between 4-6 years old and 1 group of children with physical and intellectual disabilities. Each group is up to 6 children which creates an opportunity for establishing individual relationship during individual lessons, therapies;
- **accompany teachers and experts with special activities** like physiotherapy, sensory integration, fairytale integration, language therapies. Take a part in integration and didactic activities in group activities;
- **propose own ideas on how to develop existing activities or create new ones for children.** With teacher's help volunteers will add new content to the weekly schedule. They will prepare presentations about their home countries or thematic days/weeks to promote their culture;
- **assist staff in their activities connected with daily routine:** morning greetings, planning whole day using AAC methods (augmentative and alternative communication), assisting during the meals or feeding children, assisting children while going to the bathroom;
- **occasionally go out with children to theaters, cinemas, parks or visit partner schools institutions.** Once a year in spring time group of children visits seaside for holidays and volunteers will be asked to join them and help during this trip.

Special Kindergarten 245

OID number: E10155477

Project duration: October 2022 – July 2023

We are searching for: 2 volunteers



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Special Kindergarten 245

OID number: E10155477

Project duration: October 2022 – July 2023

We are searching for: 2 volunteers

Special Kindergarten 245 takes care of visually impaired children from 3 to 6 years old. There are 40 children with various visual defects divided into 4 age groups. It's important to recognize that children in the kindergarten are not sightless, though all of them have some serious vision problems.

Kindergarten provides regular activities such as musical lessons, gymnastic, art, dancing, English classes but also special treatment for children who have been diagnosed with different visual defects. Children under professional supervision perform everyday exercises using specialist equipment. Kindergarten also provides professional psychological, logopedic and educational therapy.

The volunteers' main task will be to:

- **assist during the teacher-managed group classes or individual lessons.** Volunteers will get specific guidelines and training to prepare them to work with children with disabilities;
- **help teachers in conducting workshops and classes for children** in different age groups;
- **take part in therapies and professional lessons with experts;**
- **help kindergarten's staff in daily routine with typical self-care activities**, such as personal hygiene, eating and dressing, midday nap;
- **provide additional activities of the volunteers choice** about volunteers' culture – for example presentations of their countries, thematic days, celebrations of holidays, local events for parents;
- **prepare ideas how to improve or develop existing activities and conduct them with teachers.** Time for playing is the time volunteers are welcome to propose their own activities like handcrafts, musical workshops, reading books. They can implement their own solutions and ideas with acceptance of the teacher;
- **assist during visits and activities outside of the kindergarten** like going out to cinemas, theatres, museums etc.



Public Kindergarten 146 in Warsaw

OID number: E10086226

Project duration: October 2022 – July 2023

We are searching for: 1 volunteer



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Kindergarten 146 in Warsaw

OID number: E10086226

Project duration: October 2022 – July 2023

We are searching for: 1 volunteer

The Kindergarten no 146 is a public educational centre in the Mokotów district of Warsaw and it has been designated for children with special nutritional needs. Kindergarten provides a lot of extra activities for children in well equipped classrooms & outside of the building in a big, beautiful garden. The goal is to ensure that the children are raised in a friendly and supportive environment, so that they can become and open-minded young people.

There are 5 age groups in the kindergarten (2 groups for 3 years old children and one group for each – 4, 5 and 6 years old children). For the first 2 months volunteer will be offered to get to know the specifics of working in each of these groups. After this period volunteer will decide in which group the activities are the most interesting and challenging for them and will start working in a selected group. After some time there will be a possibility for them to change the group once again if they will wish to.

The volunteer's main task will be to:

- **support the teachers in organizing educational activities & preparing materials and activities for special events;**
- **assist the children in everyday activities** and help them with dressing, meals, toilet;
- **learn about special dietary requirements** for children, healthy diets and lifestyle;
- **present the culture, tradition, cuisine of the country of origin of the volunteer** by making presentations prepared together with the teachers from the kindergarten;
- **help in the preparation of the annual or specific activities/events** for parents and children (e.g. festival of tulips, international day of selected country, grandmother/grandfathers' day, celebration of holidays);
- **contribute new ideas and prepare specific exercises for the whole group** with the support of the teachers, such as musical workshops, handcrafts etc.;
- **accompany the group, help and support teachers during trips outside the kindergarten** (e.g. theatre, zoo).



Bilingual Primary School no 1

OID number: E10023966

Project duration: October 2022 – July 2023

We are searching for: 2 volunteers



**DWUJĘZYCZNA
SZKOŁA PODSTAWOWA NR 1**
Cambridge International School



Bilingual Primary School no 1

OID number: E10023966

Project duration: October 2022 – July 2023

We are searching for: 2 volunteers

Bilingual Primary School No. 1 was established 10 years ago, in Wesoła – peripheral district of Warsaw. As a private institution, it's led by the Amaltea Bilingual Education Foundation, but thanks to the implemented program, it holds the rights of a public school. The classes are conducted in Polish, English and Spanish. The school has its own building with 13 classrooms, a computer lab, a school library, a gym and a canteen. The school's teaching staff are 44 teachers and there are 180 students. As extracurricular activities, the school provides after classes activities for students, developing their various passions and interests, as well as individual educational consultations. Students, teachers and parents willingly participate in school's projects concerning topics of charity, cultural, scientific, sport and social activities. Cooperation with parents is developing well and effectively. Students have their representation in the form of an active school government. Since 2018 the school is actively involved in the implementation of various Erasmus+ projects.

Volunteers' main tasks will be:

- **planning, preparing and running activities of their choice and interest for the students (grade 4-8) attending after school activities** on volunteer's culture, global education, sport, dance, film, IT, languages, theatre, art, etc. – we are open to the volunteer's ideas;
- **helping the teachers in the dayroom with taking care of 1-3 grades students after their finished lessons** playing with them, providing easy and fun games or short activities;
- **running regular, open for school and local society, meetings once per month** to promote ESC as well as volunteers' work at the school - such as presentations, workshops, debates etc.;
- **helping with organizing and running school events and competitions;**
- **helping with the school's decorations;**
- **co-creating school's social media content;**
- **participating and helping on the school trips** – if necessary;
- **planning, preparing and running activities/workshops for participants from the local community and students during the winter and summer break**, concerning volunteer's culture, global education, sport, dance, film, IT, languages, theatre, art, etc. – we are open to the volunteer's ideas;
- **preparing activities for children during their recreation break (12:00-14:00)** - helping the teachers to take care of students outside of the school building - playing games, doing mini environmental projects, organizing sport activities etc.



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**We are looking forward to your
application :)**

**If you had any questions, contact
the European Solidarity Corps
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